

MINOR CLIENT INFORMATION SHEET

WELLSPRING COUNSELING CENTER
FIRST UNITED METHODIST CHURCH OF PLANO
3160 E. Spring Creek Parkway
Plano, Texas 75074
972-423-4506

Today's Date _____ Date of First Session (if different) _____

About the Minor

First Name _____ MI _____ Last Name _____

Prefers to be called _____ Date of Birth _____ SS# _____

Gender M F Student Y N School _____ Grade _____

Present Medications and Dosages:

Physician: _____ Phone: _____

Previous counseling? Y N If yes, where, when and with and with whom?

Faith Preference _____

If parents are divorced or if you are guardian for the minor, please supply us with a copy of the custody or guardianship agreement, as required by State law.

About You/Responsible Party

First Name _____ MI _____ Last Name _____

Relationship to Minor _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ OK to leave message? _____

Cell Phone _____ OK to leave message? _____ OK to text? _____

Work Phone _____ EXT _____ OK to leave message? _____

Email address _____

Your SS# _____ Employer _____

Any other adults entitled to discuss Minor's progress with Counselor:

Name _____

Phone _____ email _____

Name _____

Phone _____ email _____

Any Emergency Contact besides you:

Name _____ Phone _____

Relation to minor _____

In case of concern for the life and safety of the minor or of someone else, the minor's counselor may decide to notify the emergency contact person listed above. Your initials here indicate your understanding and acceptance of this. _____

How were you referred to the Center? _____

May we contact the person who referred you to thank them? _____

Personal Information about the Minor Child

What concerns about this minor child bring you to counseling at this time?

Please rate the following behaviors from 1-5, where 1= Never and 5= Very Much

___ Picks at self (hair, fingers, nails, clothing)
___ Talks back to adults
___ Problems making or keeping friends
___ Excitable, impulsive
___ Wants to run things
___ Sucks or chews (thumb, clothing, hair, etc)
___ Cries easily or often
___ Carries a chip on his/her shoulder
___ Daydreams
___ Difficulty learning
___ Restless or squirmy
___ Fearful (of new situations, people, etc)
___ Restless or always on the go
___ Destructive
___ Tells lies or stories that aren't true
___ Shy
___ Gets into trouble often
___ Quarrelsome
___ Denies mistakes or blames others
___ Pouts or sulks

___ Steals
___ Disobedient or obeys resentfully
___ Worries a lot
___ Fails to finish things
___ Feelings hurt easily
___ Bullies others
___ Unable to stop a repetitive activity
___ Mean or cruel (to toys, animals, friends)
___ Childish or immature
___ Distractible or inattentive
___ Headaches
___ Mood swings
___ Doesn't like or follow rules or restrictions
___ Fights with siblings or other kids
___ Easily frustrated in efforts
___ Disturbs other children
___ Basically unhappy
___ Eating problems
___ Sleeping problems
___ Stomach aches

___ Other aches and pains
___ Boasts or brags
___ Feels cheated in family circle

___ Lets self be pushed around
___ Bowel problems

Developmental History

Was pregnancy planned? Y N Or, is child adopted? Y N Age at adoption _____

Describe any complications during pregnancy or birth _____

Any problems feeding? Y N Eating? Y N Sleeping? N Y

Describe, including Age and Duration _____

Have there been any physical or emotional separations between child and care-taking adult during first 26 months of life? Y N Describe _____

Has this child been subjected to abuse by another person? Y N If yes, was it physical _____

emotional _____ sexual _____?

Age child: held head up _____ turned over _____ sat _____ pulled up _____ smiled _____ crawled _____
walked with help _____ was weaned _____ used sentences _____ fed self _____ helped dress self _____
dresses alone _____ dry during day _____ dry during night _____

Is child: impulsive _____ timid or shy _____ stubborn _____ clumsy _____ well-coordinated _____
affectionate _____?

Any special problem areas or history of particular stress for this child _____.

Why seeking counseling at this time? _____.

School Information

School _____ District _____ Grade _____

Any special educational arrangements _____

Any specific concerns of teachers about this child _____

Does this child: get along well with teachers? _____ get along well with adults? _____ get along well
with other students? _____ have difficulty making friends? _____ struggle with
schoolwork? _____ work at grade level or above? _____

Other Information

Pediatrician _____ Office Phone _____ Fax _____
Email _____

List any medical problems or issues _____

List any medications this child is taking now _____

Has this child seen a counselor or psychiatrist? Y__ N__

If Yes, when _____ Whom _____ Phone _____

What do you like best about this child? _____

Person completing form _____ Relation to child _____

Signature _____ Date _____